COVID-19 VACCINE DECISION TOOL

START HERE + GATHER THE FACTS

LONG-TERM EFFECTS EXTREMELY RARE after 300M+ shots have been given, many months have passed, and significant data has been collected

CONTINUOUS MONITORING from FDA and CDC to track long-term effects

HISTORY INFORMS US that past vaccine studies typically find long-term side effects within 6 weeks of receiving a vaccine

9+ MONTHS OF DATA has been collected in clinical trials and real-world studies

MORE FACTS

- Being vaccinated protects you against getting sick from COVID-19.
- You may have short-term side effects such as arm pain or other symptoms that usually go away in a few days.
- You will be monitored when you get your shot for the rare case of an allergic reaction.
- The available vaccines in the US have been authorized by the FDA and approved by the CDC.
- The vaccines provide protection against emerging virus variants.

THINGS TO THINK ABOUT

CONSIDER WHAT’S IMPORTANT TO YOU

The potential long-term health effects from getting sick with COVID-19 are more concerning to me than the rare risks of the vaccine.

A sense of relief, protection and hope that I may feel once vaccinated are valuable to me.

I can manage the potential short term side effects of the vaccine.

I want to lower my chance of getting sick or dying from COVID.

Having more freedom once I’m vaccinated is important to me.

The effort of scheduling and going to a vaccine appointment is worth it to me.

What motivated you to get the vaccine?

When all the medical teams were risking their lives dealing with countless sick individuals, I wanted to do my part, so I volunteered to be one of the pregnant women who received the COVID-19 vaccine.

How were you feeling emotionally before dose 1?

I was very excited right before I received the vaccine. I was nervous a few months before when there wasn’t as much data about it available as there is today, but I felt confident about getting the vaccine when it was offered.

RESOURCES

VIDEO: Long-term effects are not expected from the mRNA vaccines.

LINK: COVID-19 vaccines work.

LINK: When you’ve been fully vaccinated

LINK: The Johnson & Johnson vaccine goes through safety review.

PDF: Scheduling tools

Information about COVID-19 and the vaccines continue to emerge. This guide was updated July 21, 2021.