

# Vitality® Insights

Results from our member and client surveys

## Members

93%

say Vitality improves the **culture** of their workplace

85%

say the program feels **personalized** to them

90%

say Vitality has helped them improve aspects of their **health and well-being**

95%

say Vitality **motivates** them to achieve wellness goals



## Clients

95%

feel Vitality meets the needs of all of their **different demographics**

8/10

Clients rating of Vitality **program features**

9/10

Clients satisfaction with their **wellness strategy manager**

100%

feel satisfied with the results of their **engagement strategy**

