



Wearables Weekly

Compiled by Sarah Kunkle and Gillian Christie

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A Friendly Reminder:

There are 24 days remaining to provide feedback on the Vitality Institute's [Guidelines for Personalized Health Technology](#)

Submit your comments [here](#) or email Gillian Christie at gchristie@thevitalitygroup.com

[Fitbit adds HIPAA compliance to wellness platform](#)

Fitbit is adding new privacy and security protections in its Fitbit Wellness division that will follow HIPAA guidelines. This move will allow the San Francisco-based company to more deeply integrate with healthcare organizations, including providers, health plans and self-insured employers. Fitbit users will have to consent for their data to be shared, and program managers will only get access to a subset of user data.

[Apple Watch OS 2 gets delayed due to eleventh-hour bug](#)

The new watchOS 2 software for the Apple Watch has been delayed. While the new iOS 9 was released on time, the company issued a statement saying that a bug has held the update back. Apple has not given any specifics on a revised timeline for release, but said it would be available "shortly."

[Big pharma hands out Fitbits to collect better personal data](#)

Some pharmaceutical companies are providing trial participants with wearables in order to gather precise real-time information, better understand whether a drug is working, and ultimately bring drugs to market faster. Researchers find wearable technologies more accurate compared to self-report information from subjective questionnaire. According to the National Institute of Health's records, there are at least 299 clinical trials using wearables.

Other Health Technology Headlines

[Your sleep tracker probably isn't very good at tracking your sleep](#)

[Google hires engineers from Amazon for a new wearable tech initiative](#)

[The state of enterprise wearables](#)

[Patient Adoption of mHealth \(IMS Report\)](#)

[How wearable tech could spark a new privacy revolution](#)

[Can digital fitness trackers get you moving?](#)

[This health tech for athletes could come to an office near you](#)

[Here's why you'll be wearing 'smart' workout clothes soon](#)

[Using digital technology to track activity \(not simply steps\)](#)

[Omada Health raises \\$48M for mobile prevention program](#)

Please contact Gillian Christie, Health Innovation Analyst, at gchristie@thevitalitygroup.com with your feedback and suggestions.